



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

Your interactive
online congress

4th e-ESRA

Saturday, 13 March 2021

Round tables & live demos

Live chat & quizzes

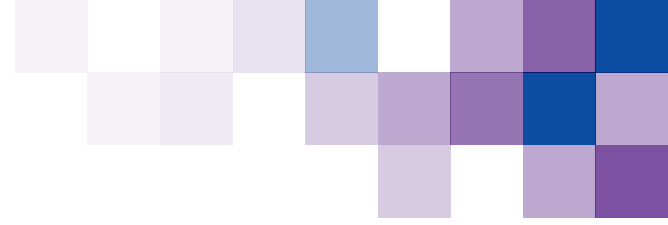
Free for members

PROGRAMME



ESRA Office: Rue de Chantepoulet, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registration
esraeurope.org


TV Studio 1
TV Studio 2

07:00 - 07:15

Introduction ESRA President: Thomas VOLK - Chair e-ESRA: Luc Mercadal

07:15 - 08:15

ANESTHESIA FOR KNEE SURGERY

Presenter: Alain DELBOS

- General or Spinal Anesthesia: what is the best
Kris VERMEYLEN, Belgium
- Proximal or distal block: how to choose
Olivier RONTES, France
- Catheter or adjuvant: how to extend analgesia
José AGUIRRE, SWITZERLAND
- Early deambulation: when, what for?
Sébastien BLOC, France

KEY TOPICS IN OBSTETRIC ANESTHESIA

Presenter: Patricia LAVAND'HOMME

- Regional Anesthesia for C-section
Frédéric MERCIER, France
- Analgesia for Labour
Nuala LUCAS, UK
- Post Cesarean Section Analgesia: PROSPECT/
ESRA and OAA guidelines
Eva ROOFTHOFT, Belgium
- Managing major obstetric hemorrhage
Marc VAN DE VELDE, Belgium

08:30 - 09:30

POCUS

Presenter: Steve COPPENS

- Point-of-care gastric ultrasound as an aspiration
risk assessment tool
Peter VAN DE PUTTE, Belgium
- Perioperative uses of lung ultrasound
Rosie HOGG, Ireland

**SUCCESSING IN ULTRASOUND GUIDED RA (UGRA):
TRAINING RESIDENTS AND BEYOND**

Presenter: Maria TILELI

- Training Principles in UGRA: Current concepts
and future perspectives
Thomas VOLK, Germany
- Fundamentals of UGRA and implementation into
clinical practice
Jessica WEGENER, The Netherlands
- Does UGRA increase PNBs success rates?
Philippe GAUTIER, Belgium
- Does UGRA contribute to a reduction of PNBs
complication rates?
José AGUIRRE, Switzerland

09:45 - 10:30

AGUETTANT
PAJUNK

10:45 - 11:45

ANALGESIA FOR THA

Presenter: Eric ALBRECHT

- QLB for hip arthroplasty
Kariem EL-BOGHADLY, UK
- Anterior Blocks of the Hip
Kris VERMEYLEN, Belgium
- Intrathecal Morphine for hip arthroplasty
Alan MACFARLANE, UK

IMPROVING NEEDLE GUIDANCE

Presenter: José AGUIRRE

- Improving needle guidance (hydrolocation, tricks
for in-plane/out of plane, needle tracking, etc.)
Olivier MAUPAIN, France
- Improving your image: what are all these buttons
for?
Alejandro ORTEGA, Spain
- US setup and needle guidance for chronic pain
procedures
Esperanza ORTIGOSA, Spain

12:00 - 13:00

ABDOMINAL WALL BLOCKS

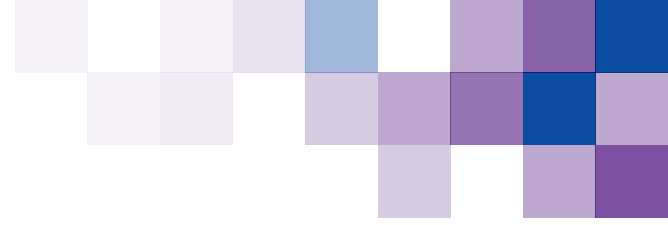
Presenter: Morne WOLMARANS

- Rectus Sheath & TAP blocks
Barbara BREEBAART, Belgium
- Quadratus Lumborum & Fascia Transversalis
Blocks
Jens BORGLUM, Denmark

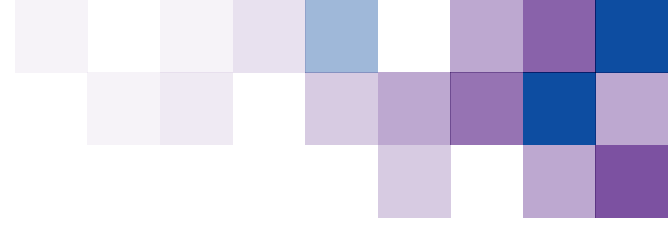
PROSPECT

Presenter: Marc VAN DE VELDE

- Laminectomy and complex spine surgery
Axel SAUTER, Norway
- Tonsillectomy
Hélène BELOEIL, France
- Rotator cuff repair
Girish JOSHI, USA
- Hallux valgus repair
Eric ALBRECHT, Switzerland



	TV Studio 1	TV Studio 2
13:15 – 14:00	B. BRAUN	MEDOVATE
14:15 – 15:00	Break	Break
15:15 – 16:15	SPINAL INJECTION TECHNIQUES Presenter: TBA <ul style="list-style-type: none"> Intrathecal opioids for laparotomy Athmaja THOTTUNGAL, UK Short acting spinals Barbara BREEBAART, Belgium Spinal catheters Clara LOBO, Portugal Platelets - how low can you go for spinal anaesthesia? Thomas VOLK, Germany 	MULTIMODAL ANALGESIA IN 2021 Presenter: Eleni MOKA <ul style="list-style-type: none"> RA as an essential part of a personalized perioperative analgesia regime: Key Elements for Success Stavros MEMTSOUDIS, USA Optimising analgesia duration: The challenge to RA in acute postoperative pain management Eric ALBRECHT, Switzerland RA for the prevention of chronic postsurgical pain: Published evidence and future perspectives Patricia LAVAND'HOMME, Belgium RA implementation in perioperative pain management: Is it cost effective? José AGUIRRE, Switzerland
16:30 – 17:30	DISTAL BLOCKS Presenter: Luis VALDES <ul style="list-style-type: none"> Lower limb Alain DELBOS, France Upper limb Sébastien BLOC 	SAFETY IN REGIONAL ANESTHESIA Presenter: Thomas VOLK <ul style="list-style-type: none"> NRFit for spinals Alan MACFARLANE, UK Update on the stop before you block initiative Morne WOLMARANS, UK Pressure monitoring can increase safety Andrzej KROL, UK Needle tracking may increase safety Paul KESSLER, Germany
17:45 – 18:45	ERECTOR SPINAE PLAN BLOCK Presenter: Philippe GAUTIER <ul style="list-style-type: none"> Mechanism of Action Julien RAFT, France Clinical indications Yavuz GURKAN, Turkey 	PERIPHERAL NERVES INJURY: DIAGNOSIS AND MANAGEMENT WHAT REGIONAL ANAESTHETIST AND PAIN PHYSICIAN SHOULD KNOW ? Presenter: Urs EICHENBERGER <ul style="list-style-type: none"> Microscopic imaging of nerve injury Miguel Angel REINA PERTICONE, Spain Peripheral nerves clinical examination Urs EICHENBERGER, Switzerland The electrophysiological studies after nerve injury Omay LEE, UK Ultrasound assessment of peripheral nerves including live scanning Andrzej KROL, UK



	TV Studio 1	TV Studio 2
19:00 – 20:00	<p>IPACK & PENG in 2021 Presenter: Yavuz GURKAN</p> <ul style="list-style-type: none"> • PENG Serkan TULGAR, Turkey • IPACK Wirinaree KAMPITAK, Thailand 	<p>BEST ANESTHESIA CHOICE FOR CARPAL TUNNEL SURGERY Presenter: Dan DIRZU</p> <ul style="list-style-type: none"> • Wallant Olivier CHOQUET, France • Distal Blocks Peter MERJAVY, UK • Axillary Block Steve COPPENS, Belgium • No Block Alan MACFARLANE
20:15 – 21:15	<p>FROM INTERSCALENE TO SUPRACLAVICULAR BLOCKS IN SHOULDER SURGERY Presenter: Clara LOBO</p> <ul style="list-style-type: none"> • Suprclavicular Block Luis VALDES, Spain • Interscalene Block Sébastien BLOC, France 	<p>EUROPEAN DIPLOMA IN PAIN MEDICINE - EDPM-ESRA - WHAT YOU NEED TO KNOW AND WHY TO TAKE THE EXAM? Presenter: Sam ELDABE</p> <ul style="list-style-type: none"> • Inception and concept Jose DE ANDRES, Spain • MCQs - structure and question samples Sarah LOVE-JONES, UK • Viva - Structure and Scenarios including mock exam Eric BUCHSER, Switzerland

